



## **PRESS RELEASE**

**FOR IMMEDIATE RELEASE:**

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### **CAP Urges Middle Tennesseans to Prepare Air Alert Day Action Plan as Part of Clean Air Week**

NASHVILLE, Tenn. – As part of Clean Air Week (April 27-May 1), the Clean Air Partnership (CAP) of Middle Tennessee is encouraging all Middle Tennesseans to prepare an Air Alert Day Action Plan.

Ozone season is here and as temperatures begin to soar, Middle Tennesseans also will begin to see air quality alerts. Ozone pollution is more prevalent in the summer months because the strong light from the sun “cooks” the chemicals emitted by cars, power plants, chemical plants and other sources.

“Preparing an Air Alert Day Action Plan in advance makes it easier for citizens to cut back on pollution producing behaviors and to help lessen the effects the ozone levels on alert days,” said Melissa Stevens, CAP communications director.

CAP recommends including some of the following simple steps in your action plan:

- Sign up to receive air alerts via e-mail at [www.CleanAirPartnership.info](http://www.CleanAirPartnership.info), so you will know the day before the air is expected to be poor
- Find a carpool partner in advance
- Research train and/or bus routes and schedules ahead of time
- Postpone errands until the air quality improves or combine errands into a single trip if you can't put them off
- Reduce idling by scheduling your day to avoid driving during peak traffic times, and skipping the drive-thru and going inside
- Refuel your car after dusk, when it's cooler and ozone production has tapered off
- Cut out the lawn mowing until air quality improves

For more information about what to include in your action plan or what you can do all year long to improve Middle Tennessee's air quality, visit [www.CleanAirPartnership.info](http://www.CleanAirPartnership.info).

About the Clean Air Partnership of Middle Tennessee

The Clean Air Partnership of Middle Tennessee is a 501(c)(3) nonprofit organization focused on air quality in the eight-county area that falls under the Nashville-area Early Action Compact agreement (Cheatham, Davidson, Dickson, Robertson, Rutherford, Sumner, Williamson and Wilson counties). CAP works to encourage lifestyle changes by promoting concepts like carpooling, mass transit and regular car maintenance. From issuing Air Quality Alert notices to matching rideshare partners, CAP is a one-stop information source connecting people with the resources they need to make smart transportation choices. Visit the Clean Air Partnership at [www.CleanAirPartnership.info](http://www.CleanAirPartnership.info).

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